

EATING
DISORDERS

the **facts**

Fifth Edition

Suzanne Abraham and Derek Llewellyn-Jones

Eating Disorders Facts Suzanne Abraham Ebook

Marylou Ambrose, Veronica Deisler



Eating Disorders Facts Suzanne Abraham Ebook:

Eating Disorders Suzanne Abraham, Derek Llewellyn-Jones, 2001 The eating disorders anorexia nervosa bulimia nervosa and obesity affect many thousands of people each year particularly young women though men as well This comprehensive guide considers why eating disorders occur and then looks at each in turn describing the eating behaviours diagnosis and treatments available This new edition has been fully revised and updated Included is a new chapter explaining and providing advice on the problems someone with an eating disorder may face while pregnant and after giving birth An additional chapter looks at the problems that the family or friends of someone with an eating disorder may face accepting that there is a problem the feeling that somehow they are responsible helplessness and how they can cope and provide support and help for the sufferer Sympathetically and clearly written the book provides an authoritative resource on eating disorders and how to treat them one that will prove valuable for sufferers and their families

Eating Disorders Suzanne Abraham, 2008-10-16 The eating disorders anorexia nervosa bulimia nervosa and obesity affect many thousands of people each year particularly young women Eating disorders are a subject which parents today cannot study enough it is believed that over 1 million people in the UK alone have a significant problem with an eating disorder and that up to 90 000 of those are receiving treatment *Eating Disorders The Facts* is a guide to the three major eating disorders anorexia bulimia and obesity This comprehensive guide considers why eating disorders occur and then looks at each in turn describing the eating behaviours diagnosis and treatments available The opening chapters tackle adolescent eating behaviours and the sexual maturation process and further chapters look at the problems that the family or friends of someone with an eating disorder may face providing advice on how they can cope and provide support and help for the sufferer This sixth edition contains numerous case history outlines which provide surprising insights into the mind of the eating disorder sufferer making it easier for patients and their families to read and dip into as needed Sympathetically and clearly written the book provides an authoritative resource on eating disorders one that will prove valuable for sufferers and their families

Eating Disorders: The Facts Suzanne Abraham, 2015-12-02 *Eating Disorders The Facts* is a comprehensive and accessible guide to the major eating disorders namely anorexia nervosa anorexia nervosa not for weight or shape exercise disorder bulimia nervosa purging disorder rumination disorder binge eating disorder and atypical Sympathetically and clearly written this guide considers why eating disorders occur and then looks at each in turn describing the eating behaviours diagnosis and treatments available The opening chapters tackle adolescent eating behaviours and infertility pregnancy and the postpartum period Case histories and patient perspectives provide insights into the mind of the eating disorder sufferer making it easier for patients and their families to relate to the topics discussed Revised and updated new topics include contribution of epigenetics in utero contribution attachment in perinatal and early years and the negative and positive impact of the internet and social media *Eating Disorders The Facts* provides an authoritative resource on eating disorders that will prove valuable

for sufferers and their families The facts Suzanne Abraham,2008 **Eating Disorders** David Goodnough,1999 Many young people are literally dying to be thin Anorexia nervosa one of the most widely known eating disorders because of its devastating effects compels a person to starve himself herself because of a distorted body image This book also covers bulimia binge eating obesity and pica After discussing the causes and symptoms of these eating disorders the book outlines methods for coping and recovery *Eating Disorders* Jeff Hill,2012-09-07 Teens face powerful pressures to look a certain way Body image is one of the most fragile areas to take hits on especially if you re not pencil thin or the picture of athletic health This volume talks candidly about eating disorders It describes the different types of eating disorders their prevalence in society and what research suggests about causes and risk factors for having an eating disorder Readers will learn how eating disorders are treated the likelihood of recovery and how people with eating disorders live with the disorder Eating Disorders Sourcebook Sandra J. Judd,2011 Provides updated information about anorexia nervosa bulimia nervosa binge eating and other eating disorders *Eating Disorders* Jane Bingham,2008 The titles in this series discuss many of the difficult issues and problems young people may encounter which threaten the balance of their emotional health and well being This book presents the facts about anorexia nervosa bulimia and other eating disorders such as binge eating and compulsive eating It looks at the signs and symptoms of each condition as well as the physical and psychological effects on young people It considers how and why young people can develop problems with eating and gives advice on how to seek help to overcome both the conditions themselves and the underlying issues that may have given rise to them **Eating Disorders** B. Timothy Walsh,Evelyn Attia,Deborah R. Glasofer,2020 Eating disorders are potentially life threatening psychiatric illnesses commonly accompanied by serious medical problems They typically appear during adolescence or early adulthood a time when young people are heading to college or interviewing for a first job Many people recover fully from eating disorders but others become chronically ill and symptoms can continue into middle age and beyond Written by leading authorities in eating disorders research and treatment *Eating Disorders What Everyone Needs to Know* answers common questions about eating disorders including anorexia nervosa bulimia nervosa and binge eating disorder as well as a newly described condition avoidant restrictive food intake disorder ARFID Practical yet authoritative the book defines the eating disorders explains what we know about them based on the latest science and describes how treatment works Importantly the book dispels common myths about eating disorders such as the notion that they occur only amongst the affluent that they affect only girls and women or that they simply result from environmental factors such as the fashion industry and society s obsession with thinness In reality as the book explains there is substantial evidence that eating disorders are brain based illnesses that do not discriminate and that they have been around for a very long time *Eating Disorders What Everyone Needs to Know* is essential reading for those seeking authoritative and current information about these often misunderstood illnesses **Anorexia and Bulimia** Carol Sonenklar,2010-08-01 Anorexia bulimia signal a troubled body and soul cried a

headline in USA TODAY the Nation's No 1 Newspaper These serious eating disorders plague people of all ages but mostly adolescent girls Untreated anorexia and bulimia can be life threatening Even when the diseases are diagnosed and treated the road to recovery is difficult and sometimes lasts a lifetime In the United States as many as eleven million people suffer from eating disorders In this book you'll investigate the complex causes and devastating effects of anorexia and bulimia Case studies let you follow the progression of these disorders in individuals from their first purging episode through the pain of hiding the affliction from loved ones to the eventual realization that they are suffering from a disorder and need help You'll also find detailed information on treatment options and support organizations This book helps you better understand the severity of these disorders and gives you the tools necessary to help yourself or loved ones who need your support

Investigating Eating Disorders (Anorexia, Bulimia, and Binge Eating) Marylou Ambrose, Veronica Deisler, 2010-07-01 Provides information about eating disorders including treatment diagnosis history medical advances and true stories about people with the diseases Provided by publisher **The Eating Disorders Sourcebook** Carolyn Costin, 2007 Publisher Description What You Need to Know about Eating Disorders Jessica Bartley, Melissa Streno, This book provides readers with information to better understand eating disorders written in accessible language for teens and young adults those most at risk for these potentially deadly mental disorders Eating disorders including anorexia nervosa bulimia nervosa and binge eating disorder are some of the most commonly diagnosed mental disorders They are also the deadliest in the United States an individual dies as the result of an eating disorder every hour What You Need to Know about Eating Disorders is a part of Greenwood's Inside Diseases and Disorders series This series profiles a variety of physical and psychological conditions distilling and consolidating vast collections of scientific knowledge into concise readable volumes A list of top 10 essential questions begins each book providing quick access answers to readers most pressing concerns The text follows a standardized easy to navigate structure with each chapter exploring a particular facet of the topic In addition to covering basics such as causes signs and symptoms diagnosis and treatment options books in this series delve into issues that are less commonly addressed but still critically important such as effects on loved ones and caregivers Case illustrations highlight key themes discussed in the book accompanied by insightful analyses and recommendations **Eating Disorders**, *Eating Disorders* Dr. Jim Kirkpatrick, 2004 Revised and updated In a society where people have access to healthy nutritious food why do so many especially girls and young women develop eating disorders that can lead to illness psychological anguish organ damage and death This revised and updated edition of Eating Disorders provides expert advice on the causes effects and treatment of anorexia nervosa bulimia nervosa binge eating and a host of less familiar eating disorders The authoritative text is non technical and accessible Topics include Early warning signs Genetic predisposition Feeding disorders of infancy and early childhood Complicating factors such as pregnancy diabetes and substance abuse The recovery process Updated medical and psychological treatment options Practical tips on how family and friends can help The

book is organized into the following chapters Anorexia Nervosa Bulimia Nervosa Other Eating Disorders Factors That Complicate Eating Disorders Understanding Eating Disorders Medical Treatment Medications That May Help Psychological Treatment The Road to Recovery Supplemented by case studies and personal insights from men and women recovering from these conditions Eating Disorders is an intelligent sensitive guide to a complex and disturbingly common problem *Eating Disorders Sourcebook* Dawn D. Matthews,2001 Basic Consumer Health Information about Eating Disorders Including Information about Anorexia Nervosa Bulimia Nervosa Binge Eating Body Dysmorphic Disorder Pica Laxative Abuse and Night Eating Syndrome Along with Information about Causes Adverse Effects and Treatment and Prevention Issues and Featuring a Section on Concerns Specific to Children and Adolescents a Glossary and Resources for Further Help and Information

Eating Disorders Diane Yancey,1999 When she entered high school Hannah decided she needed to control her appetite and went on a diet for the first time She successfully shed 10 pounds 4 5 kilograms and was proud of her loss even though none of her friends seemed to notice I didn't let it show but I was hurt They paid attention to other more expressive people even commented on how skinny other girls were It made me feel invisible Even though Hannah was attractive and popular the distorted image she had of her own body helped her along the path toward an eating disorder She is one of several teenagers you will meet in this book who resorted to dieting starvation and bingeing and purging to control their weight Because of pressures from family friends coaches and others not to mention those applied by society itself that to be successful and attractive you must have a certain body type teens like Hannah are susceptible to the development of eating disorders This book clearly outlines the various disorders and explores the warning signs of their onset as well as how they are diagnosed and treated It also helps clarify who is at risk and suggests why this may be so Eating disorders are a serious manifestation of the real pressures that young people feel every day The good news is that with knowledge awareness and treatment appropriate to each young person a healthy relationship with food and a healthy way of life can be reclaimed

Eating Disorders Sourcebk 5/E Angela L. Williams,2019 Offers information on anorexia and bulimia nervosa binge eating disorder and other eating disorders Explains the risk factors for developing eating disorders and the adverse effects and methods used to prevent diagnose and treat these disorders **Eating Disorders Sourcebook, 5th Ed.** James Chambers,2019-02-01 Offers information on anorexia and bulimia nervosa binge eating disorder and other eating disorders Explains the risk factors for developing eating disorders and the adverse effects and methods used to prevent diagnose and treat these disorders *Eating Disorders Sourcebook* Joyce Brennfleck Shannon,2007 Provides basic consumer health information about risk factors recovery from and prevention and treatment of various eating disorders Includes index glossary of related terms and other resources Provided by publisher

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