

FEET IN THE CLOUDS

20TH
ANNIVERSARY
EDITION

A Tale of Fell-Running
and Obsession

'A masterpiece'
Sunday Times



RICHARD ASKWITH
Introduction by Robert Macfarlane

Feet In The Clouds A Tale Of Fell Running And Obsession

Belinda Wheaton



Feet In The Clouds A Tale Of Fell Running And Obsession:

Feet in the Clouds Richard Askwith, 2024-05-16 A masterpiece The Sunday Times The pure essence of trail running infectious and captivating Scott Jurek bestselling author of Eat and Run One of the best books about the extremes of sporting endeavour that you will ever read Independent on Sunday Twenty years since it was first published Feet in the Clouds by Richard Askwith remains the definitive story of fell running and a modern sports classic Richard Askwith's journey takes him into a world of forbidding rocky hills horizontal rain fear exhaustion and stunning natural beauty as well as one of the sport's purest and toughest challenges the Bob Graham Round running 42 Lake District peaks in 24 hours Along the way he encounters some of the most prodigious and unsung athletes that Britain has produced such as Joss Naylor who covered the equivalent of four Everests in a single run Gripping funny and moving Feet in the Clouds is a story that any aspiring runner endurance athlete or mountain lover will understand well of extremity heroism and the experience of a lifetime With a fully revised epilogue and an introduction from bestselling author Robert Macfarlane this is a complete portrait of one of the few sports to have remained utterly true to its roots in which the point is not fame or fortune but to run the ancient wild landscape and to be a hero if at all within one's own valley *The World of Physical Culture in Sport and Exercise*

Cassandra Phoenix, Brett Smith, 2013-09-13 Within qualitative research in the social sciences the last decade has witnessed a growing interest in the use of visual methods Visual Methods in Physical Culture is the first book in the field of sport and exercise sciences dedicated to harnessing the potential of using visual methods within qualitative research Theoretically insightful and methodologically innovative this book represents a landmark addition to the field of studies in sport exercise the body and qualitative methods It covers a wide range of empirical work theories and visual image based research including photography drawing and video In so doing the book deepens our understanding of physical culture It also responds to key questions such as what are visual methods why might they be used and how might they be applied in the field of sport and exercise sciences This volume combines clarity of expression with careful scholarship and originality making it especially appealing to students and scholars within a variety of fields including sport sociology sport and exercise psychology sociology of the body physical education gender studies gerontology and qualitative inquiry This book was published as a special issue in Qualitative Research in Sport and Exercise *A Race Through the Greatest Running Stories*

Damian Hall, 2017-07-06 A jaunt through running's greatest moments gripping endurance feats inspired solo pursuits and a whole host of heroes helions and legend makers From Paula Radcliffe's record breaking marathon win to the birth of the gruelling Ultra Trail du Mont Blanc Kilian Jornet's tequila stop on his way to winning the Hardrock 100 to the Bangkok half marathon U turn that set runners on a much longer journey than expected the Galloping Granny to Marathon Monks running historian Damian Hall brings together some of the most incredible iconic and at times highly unusual moments from the world of running With over 80 striking and unique illustrations by artist Daniel Seex each inspired by the stories told A Race

Through the Greatest Running Stories is a sporting treasure trove of human virtue vice and running trivia *The Consumption and Representation of Lifestyle Sports* Belinda Wheaton, 2014-06-11 Since their emergence in the 1960s lifestyle sports also referred to as action sport extreme sports adventure sports have experienced unprecedented growth both in terms of participation and in their increased visibility across public and private space book seeks to explore the changing representation and consumption of lifestyle sport in the twenty first century The essays which cover a range of sports and geographical contexts including Brazil Europe North America and Australasia focus on three themes First essays scrutinise aspects of the commercialisation process and impact of the media reviewing and reconsidering theoretical frameworks to understand these processes The scholars here emphasise the need to move beyond simplistic understandings of commercialisation as co option and resistance to capture the complexity and messiness of the process and of the relationships between the cultural industries participants and consumers The second theme examines gender identity and representations exploring the potential of lifestyle sport to be a politically transformative space in relation to gender sexuality and race The last theme explores new theoretical directions in research on lifestyle sport including insights from philosophy sociology and cultural geography The themes the monograph addresses are wide reaching and centrally concerned with the changing meaning of sport and sporting identity in the twenty first century This book was previously published as a Special Issue of Sport in Society **Physical Activity and Sport in Later Life** Emmanuelle Tulle, Cassandra Phoenix, 2016-04-29 This volume addresses key issues such as the cultural and discursive context in which physical activity is discussed the process of becoming physically active the role of care settings in enabling physical activity pleasure gender and place and space Caving, Canyoning, Coasteering.... Patrick Kinsella, 2023-07-05 You don t need to be ultra fit or highly experienced in the outdoors to enjoy outdoor guru Patrick Kinsella s selection of 30 activities across Britain A sense of adventure and an explorer s heartbeat is all that s required he says and he should know having spent two decades walking running riding paddleboarding swimming canoeing kayaking and more besides in all corners of the country Bradt s Caving Canyoning Coasteering is both an atlas of adventure and book of secrets enticing readers out of their comfort zone to explore the often unseen elements and quieter corners of Britain where the wild experiences live Some of the activities described take place on the very edges of large urban centres easily accessible for anyone yet even many locals don t know about them Others happen in far flung corners of the country places people may never have considered exploring This title will take you on a highly adventurous tour of Britain s extraordinary cliffs caves canyons coasts forests fells beaches Munros moors and tors via a range of outdoor pursuits many of which were conceived and pioneered on this island says Kinsella It s all about wild time spent in wonderful places from the mysterious depths of the labyrinthine limestone underworld beneath the Mendip Hills to the top of ice clad ar tes and snow dusted peaks of monstrous Munros in the Scottish Highlands via seascapes and sub aquatic environment in Devon and Cornwall tumbling streams and ghylls in the Lake District and cascade

concealed caverns in the waterfall soaked world of the Bannau Brycheiniog Brecon Beacons in Wales It s not for the faint of heart but there are escapades here to excite everyone Whether you re an experienced outdoor type or someone who s new to the outdoors but seeking guidance on where to go and what to do a wildlife and fresh air enthusiast or an armchair traveller a lone adventurer or family with young children Caving Canyoning Coasteering is brimful of ideas And if the adrenaline gets too much you ll even find advice on the sedate Japanese art of forest bathing **New Statesman** ,1996 *Serious Leisure* Sam Elkington,Ian Jones,Lesley Lawrence,2006 Leisure is often associated with terms such as freedom escape and frivolity and viewed as an antithesis to work This volume explores leisure from an array of perspectives It also includes an introduction by the originator of the serious leisure concept Dr Robert A Stebbins *Country Life Illustrated* ,2009

Book Review Index ,2006 Every 3rd issue is a quarterly cumulation **The British National Bibliography** Arthur James Wells,2005 *Saturday Review of Literature* ,1931 Fiction ,1972

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