

The background of the cover is a vibrant landscape. At the top, a bright blue sky with wispy white clouds. Below the sky is a lush green field. A winding river flows from the bottom left towards the center right. On the right bank of the river, there is a large, mature tree with dense green foliage. The title is written in a white, elegant script font, arched over the top half of the image.

Elements of Denial - A Memoir of Integration

Maria Russo
with an introduction by
Daniel Skenderian, PhD

Elements Denial Integration Introduction Skenderian

Maria Russo



Elements Denial Integration Introduction Skenderian:

Elements of Denial - a Memoir of Integration Maria Russo, 2015-11-30 Maria Russo is a retired Service Manager of Verizon Enterprise Solutions and is now an author of this non fiction book about her life Her goals in writing this book are to reach people who suffered from the same psychological challenges as her and the mental health industry She lived a double life or more precisely a multiple life She suffered from Dissociative Identity Disorder DID also known as Multiple Personality Disorder MPD She shares her experiences that brought her to successfully integrate all her identities personalities into a whole and dynamic woman Most books regarding this subject focus on people who do not completely integrate She wants the world to know that it is possible to integrate and stay integrated She is a delightful woman that fully enjoys life She believes she was born into her family and lived with extreme abuse in the first eleven years of her life so she could share how to successfully love yourself and the world around you Join Maria on this journey of hope and healing as she courageously shares her climb from victim to survivor in a gripping yet vulnerable portrait of her life May this book give its readers the same possibility of seeing miracles in their own lives Carol A Meier M A LPC NCC

Embracing the Tune of Term: An Emotional Symphony within **Elements Denial Integration Introduction Skenderian**

In a world taken by displays and the ceaseless chatter of fast communication, the melodic elegance and mental symphony produced by the published word frequently fade in to the backdrop, eclipsed by the relentless sound and distractions that permeate our lives. However, situated within the pages of **Elements Denial Integration Introduction Skenderian** a marvelous literary prize overflowing with raw thoughts, lies an immersive symphony waiting to be embraced. Crafted by a wonderful composer of language, that charming masterpiece conducts viewers on a mental trip, skillfully unraveling the concealed melodies and profound impact resonating within each carefully crafted phrase. Within the depths of this emotional evaluation, we shall examine the book's main harmonies, analyze their enthralling writing fashion, and surrender ourselves to the profound resonance that echoes in the depths of readers' souls.

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