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Ebersole and Hess'

# Gerontological Nursing & Healthy Aging



ELSEVIER

FOURTH EDITION

# Ebersole And Hess Gerontological Nursing And Healthy Aging 4e

**Linda Anne Silvestri, Angela Silvestri**

## **Ebersole And Hess Gerontological Nursing And Healthy Aging 4e:**

*Ebersole and Hess' Gerontological Nursing & Healthy Aging - E-Book* Theris A. Touhy, Kathleen F Jett, 2013-03-15

Ebersole Hess Gerontological Nursing and Healthy Aging is the only gerontological nursing text that follows a wellness based holistic approach to older adult care Designed to facilitate healthy aging regardless of the situation or disease process this text goes beyond simply tracking recommended treatments to address complications alleviate discomfort and help older adults lead healthy lives Featuring evidence based practice boxes safety alerts expanded tables and careful attention to age gender and cultural differences Ebersole Hess Gerontological Nursing and Healthy Aging is the most complete text on the market Focus on health and wellness helps you gain an understanding of the patient s experience AACN and the Hartford Institute for Geriatric Nursing core competencies integrated throughout Consistent chapter organization and pedagogy including Learning Objectives Glossary and Research and Study Questions Activities Evidence Based Practice boxes summarize research findings that confirm effective practices or identify practices with unknown ineffective or harmful effects Careful attention to age cultural and gender differences helps you understand these important considerations in caring for older adults Expanded tables boxes and forms including the latest scales and guidelines for proper health assessment make information easy to find and use Activities and discussion questions at the end of every chapter equip you with the information you need to assess the patient UPDATED Healthy People 2020 boxes integrate information about healthy aging NEW Safety Alerts highlight safe practices and quality of care QSEN competencies NEW Chapter on Neurologic Compromise expands content on stroke and Parkinson s disease

Ebersole and Hess' Gerontological Nursing & Healthy Aging Theris A. Touhy, Kathleen Freudenberger Jett, 2023

Ebersole & Hess' Gerontological Nursing & Healthy Aging Theris A. Touhy, 2013

**Gerontological Nursing and Healthy Aging** Theris A. Touhy, Kathleen Freudenberger Jett, Priscilla Ebersole, 2013 Ebersole Hess Gerontological Nursing and Healthy Aging is the only gerontological nursing text that follows a wellness based holistic approach to older adult care Designed to facilitate healthy aging regardless of the situation or disease process this text goes beyond simply tracking recommended treatments to address complications alleviate discomfort and help older adults lead healthy lives

**Ebersole and Hess' Gerontological Nursing and Healthy Aging** Theris A.

Touhy, Kathleen Freudenberger Jett, 2017-02-21 With a strong focus on health and wellness this gerontological nursing text offers you a holistic perspective to caring for older adults Designed to facilitate the healthiest adaptation possible it identifies potential problems that may occur and help older adults lead healthy lives Discover a wellness based holistic approach to older adult care Ebersole Hess Gerontological Nursing and Healthy Aging 5th Edition is the only gerontological nursing text on the market that focuses on this thoughtful organic method of care Designed to facilitate healthy aging regardless of the situation or disease process this text goes beyond simply tracking recommended treatments to addressing complications alleviating discomfort and helping older adults lead healthy lives Featuring an updated four color design additional

information on long term care evidence based practice boxes safety alerts expanded tables and careful attention to age gender and cultural differences Ebersole Hess Gerontological Nursing and Healthy Aging is the most complete text on the market Focus on health and wellness helps you gain an understanding of the patient s experience Safety Alerts highlight safe practices and quality of care QSEN competencies Careful attention to age cultural and gender differences helps you to understand these important considerations in caring for older adults AACN and the Hartford Institute for Geriatric Nursing core competencies integrated throughout Evidence Based Practice boxes summarize research findings that confirm effective practices or identify practices with unknown ineffective or harmful effects Activities and discussion questions at the end of every chapter equip you with the information that you need to assess the patient Healthy People 2020 boxes integrate information about healthy aging Expanded tables boxes and forms including the latest scales and guidelines for proper health assessment make information easy to find and use NEW New four color design provides a higher level of detail and readability to caregiving procedures NEW New chapter on Caregiving includes expanded coverage of abuse and neglect NEW Expanded content about Long Term and Transitional Care added to chapter six NEW Expanded Safety coverage spans two separate chapters NEW Expanded Nutrition and Hydration content divided into two separate chapters

**Ebersole and Hess' Gerontological Nursing & Healthy Aging** Theris A. Touhy,2011-10 Learn a positive uniquely Canadian approach to older adult care Canada s rapidly aging population will place an unprecedented burden on the health care system and on tomorrow s nurses It is critical that health care professionals be properly equipped to address the needs and comfort of your older adult patients and clients Ebersole and Hess Gerontological Nursing and Healthy Aging First Canadian Edition includes statistics legislation practice guidelines standards of care and examples relevant to Canadian practice Chronic disorders are presented in the framework of health promotion and illness prevention Canadian demographics and statistics Canadian practice guidelines Canadian law Roles of Canadian health care providers CNA code of ethics Canadian drug names Canadian lab values Canadian research findings Canadian assessment tools Canadian screening guidelines

**Ebersole and Hess' Gerontological Nursing and Healthy Aging** Theris Touhy,2017-03-07

**Clinical Nursing Skills and Techniques - E-Book** Anne G. Perry,Patricia A. Potter,Wendy R. Ostendorf,2013-02-18 Over 250 new photos illustrate the most current equipment and techniques Improved readability includes a streamlined presentation with material that s easier to comprehend Skills performance guidelines include key principles that apply to all skills covered within a chapter New Using Evidence in Nursing Practice chapter discusses the complete process of conducting research collecting critiquing evaluating and applying evidence to improve patient care A companion Evolve website includes additional review questions an audio glossary and access to Evolve Mobile where you can download the skills checklists and video clips for your iPod or MP3 player

*Ebersole & Hess' Toward Healthy Aging - E-Book* Theris A. Touhy,Kathleen F Jett,2015-08-06 Get all the knowledge you need to provide effective care for adults as they age Grounded in the core competencies recommended by the

AACN in collaboration with the Hartford Institute for Geriatric Nursing Ebersole Hess Toward Healthy Aging 9th Edition is the only comprehensive text to address all aspects of gerontological nursing care The new ninth edition has been extensively revised and updated and now includes shorter more streamlined chapters and pedagogical features to facilitate learning covering the areas of safety and ethical considerations genetics communication with the patient and caregiver promoting health in persons with conditions commonly occurring in later life world wide addressing loss and palliative care and much more This new edition considers the experience of aging as a universal experience and the nurse s role in the reduction of health disparities and inequities as a member of the global community Plus it contains a variety of new learning features that focus the readers attention on applying research and thinking critically in providing care to aging adults across the care continuum

Saunders Comprehensive Review for the NCLEX-RN Examination Linda Anne Silvestri,2011 Accompanying CD ROM includes more than 4500 NCLEX examination style review questions in quiz study or exam mode a diagnostic pre test audio and video questions and audio review summaries

Nursing Interventions & Clinical Skills - E-Book Anne Griffin Perry,Patricia A. Potter,Martha Keene Elkin,2011-05-05 With its new condensed format completely reorganized and updated content respected author team and new lower price Perry and Potter s Nursing Interventions and Clinical Skills 5th Edition is your all around best choice for learning the skills and techniques you ll use every day in practice Covering 181 skills this highly accessible manual conveniently groups all related skills together so you can find information quickly The companion Evolve website features 50 video clips skills checklists and much more ensuring your successful mastery of each skill Contains 180 skills and techniques basic intermediate and advanced you ll use every day in practice Presents every skill in a logical consistent format Assessment Planning Implementation Evaluation improving the quality of patient care Pairs each step with an appropriate rationale helping you understand and remember why specific techniques are used Features Safety Alerts that highlight unusual risks inherent in the next step of the skill helping you plan ahead at each step of nursing care Uses a Glove icon as a reminder to don clean gloves before proceeding to the next step of the skill improving patient safety Guides you in Delegation and Collaboration explaining when to delegate a skill to assistive personnel and indicating what key information must be shared Highlights Special Considerations such as information unique to pediatric or geriatric patients to raise awareness of additional risks you may face when caring for a diverse patient population Provides sample documentation of nurses notes so that you can learn to communicate effectively to the patient care team Contains multimedia resources such as video clips skills performance checklists interactive exercises and more all easily available to you on the companion Evolve website at no additional cost Content has been reorganized to make topics easier to find improving ease of use Covers new topics that will help you develop the skills needed to practice according to the TJC and ACCN recommendations Covers new skills that will prepare you for nursing practice in a wide variety of environments Features a unique new chapter Using Evidence in Practice that introduces you to using evidence to solve clinical problems Introduces you to Consistent Patient

Identification Protocol as recommended by The Joint Commission improving quality of care and patient safety Includes enhanced and greatly expanded end of chapter exercises now featuring case study questions NCLEX alternate format questions and multiple choice questions      **Ebersole and Hess' Gerontological Nursing & Healthy Aging - Binder Ready** Theris A. Touhy, Kathleen F Jett, PhD, GNP-BC, Kathleen F. Jett, 2021-06 Binder Ready Edition This loose leaf copy of the full text is a convenient accessible and customizable alternative to the bound book With this binder ready edition students can personalize the text to match their unique needs Gain the nursing skills you need to provide wellness based care for older adults Ebersole and Hess Gerontological Nursing Healthy Aging 6th Edition uses a holistic approach to describe compassionate care along a continuum of wellness Designed to promote healthy aging regardless of the patient's situation or disorder this text provides best practice guidelines in covering physical psychosocial spiritual and cognitive health New to this edition are Next Generation NCLEX style case studies updates on measuring clinical judgment expanded coverage of core competencies and more Written by gerontological nursing experts Theris Touhy and Kathleen Jett this concise text provides a solid foundation in every aspect of healthy aging Focus on health and wellness provides the evidence based information and strategies needed to promote healthy aging Key concepts learning activities and discussion questions in every chapter emphasize the information needed to enhance care Recommended competencies from the AACN and the Hartford Institute for Geriatric Nursing are integrated throughout Discussion of disease processes is placed in the context of healthy adaptation nursing support and responsibilities Easy to use information on nursing techniques and communication appears with the associated disorders symptoms and situations Tips for Best Practice and Resources for Best Practice boxes provide insight into proven methods of nursing care Discussions of nursing and interprofessional actions help students learn to enhance wellness maintain optimal function and prevent unnecessary disability Coverage of age cultural racial and gender differences highlights these important considerations in caring for older adults NEW Updates reflect the NCSBN Clinical Judgment Model NEW Next Generation NCLEX NGN style case studies provide optimal preparation for the Next Generation NCLEX Examination NEW Specialized information addresses the unique needs of older adults such as atypical disease presentation geriatric syndromes neurocognitive disorders quality of life with chronic illness legal and ethical issues and mental health challenges such as depression and substance abuse NEW Coverage of competencies of expanding nursing roles in the care of older adults addresses the continuum of care NEW Gerontological expertise is incorporated into nursing actions and complements other nursing texts including med surg community health mental health and assessment books used in programs without a freestanding gerontological nursing course NEW Expanded content includes information on COPD guidelines medication use and misuse Alzheimer's Disease wound care guidelines diagnosis and treatment of sleep disordered breathing joint replacement caregiver strain hospice and transitional care and more      **Saunders Comprehensive Review for the NCLEX-RN® Examination - E-Book** Linda Anne Silvestri, 2010-10-12 This title includes

additional digital media when purchased in print format For this digital book edition media content is not included Caring for the Older Adult Patricia O'Neill, 2002-01-01 CARING FOR THE OLDER ADULT A HEALTH PROMOTION PERSPECTIVE is a concise straightforward LPN LVN textbook covering the essentials of gerontologic nursing from a strong health promotion perspective The nature of normal aging as well as disorders common to the elderly are discussed This resource also addresses concepts and issues related to promoting both physical and psychological health in an aging population The engaging easy to read informal writing style draws the reader into the subject while conveying important information

*Ebersole and Hess' Gerontological Nursing and Healthy Aging, Canadian Edition - E-Book* Theris A. Touhy, Kathleen F Jett, Veronique Boscart, Lynn McCleary, 2014-04-22 Learn a positive uniquely Canadian approach to older adult care Canada's rapidly aging population will place an unprecedented burden on the health care system and on tomorrow's nurses It is critical that health care professionals be properly equipped to address the needs and comfort of your older adult patients and clients Ebersole and Hess Gerontological Nursing and Healthy Aging First Canadian Edition includes statistics legislation practice guidelines standards of care and examples relevant to Canadian practice Chronic disorders are presented in the framework of health promotion and illness prevention Canadian demographics and statistics Canadian practice guidelines Canadian law Roles of Canadian health care providers CNA code of ethics Canadian drug names Canadian lab values Canadian research findings Canadian assessment tools Canadian screening guidelines *NGNA Core Curriculum for Gerontological Nursing* Ann Schmidt Luggen, National Gerontological Nursing Association, 2001 Core Curriculum for Gerontological Nursing helps nurses prepare for the American Nurses Credentialing Centre ANCC examination for the gerontologic nurse Content is based on the format of the certification exam and this new revised edition closely matches the new test plan Each topic includes learning objectives outline discussion study questions answers with rationales and references A new sample exam is located in the back of the book **Gerontological Nursing & Healthy Aging** Priscilla Ebersole, 2005 Gerontological Nursing Healthy Aging provides thorough coverage of promoting healthy aging when caring for older adults The intent throughout the book is to facilitate the healthiest adaptation possible for any older adult regardless of the situation and disease process The majority of the book is devoted to discussing the significant problems that may occur and methods that nurses may use to make these problems more bearable to solve some and to help the elder find the best possible resolution towards healthy aging Incorporates healthy aging strategies to maximize the healthiest behaviors of clients patients with dementia and their caregivers Disease processes are discussed in the context of healthy adaptation nursing support responsibilities to help the reader gain an understanding of their client's experience Focus on health and wellness establishes a positive perspective to aging Careful attention to age cultural and gender differences are integrated throughout to help the nurse understand these important considerations in caring for older adults Each chapter provides a consistent organization including learning objectives research study questions activities Assessment guidelines are

incorporated throughout as tables boxes and forms to provide useful tools for practice Activities and discussion questions at the end of every chapter provide situations to expand student knowledge and understanding Appendices and resource lists assist in further exploration of material Text correlates with federal guidelines for Healthy People 2010 to assist the student in integrating knowledge about healthy aging considerations Expanded content on pharmacologic and nonpharmacologic pain management in Chapter 15 and integrated within appropriate content sections Completely revised Culture and Aging chapter includes discussions of health disparities and working with interpreters to help identify nursing care interventions appropriate for ethnic elders New author team with Theris Touhy and Kathleen Jett adds a wealth of experience related to gerontological nursing education and research

*Saunders Comprehensive Review for the NCLEX-PN® Examination - E-Book* Linda Anne Silvestri, Angela Silvestri, 2020-12-23 Get the best review for the NCLEX PN exam from the leading NCLEX experts Written by Linda Anne Silvestri and Angela E Silvestri Saunders Comprehensive Review for the NCLEX PN Examination 8th Edition provides everything you need to prepare for success on the NCLEX PN The book includes a review of all nursing content areas more than 4 500 NCLEX exam style questions detailed rationales test taking tips and strategies and new Next Generation NCLEX NGN style questions An Evolve website simulates the exam taking experience with a choice of practice questions along with realistic practice tests Based on Silvestri s proven Pyramid to Success this complete review is a perennial favorite of students preparing for the NCLEX More than 4 500 practice questions are included in the book and on Evolve Detailed rationales are provided for both correct and incorrect answer options Alternate item format questions include multiple response prioritizing fill in the blank figure chart and video clips Test taking strategies provide useful hints for analyzing and uncovering correct answer options Pyramid Points and Pyramid Alerts identify content that typically appears on the NCLEX PN exam Pyramid to Success sections at the beginning of each unit provide an overview of content guidance for your review and the subject s relative importance in the NCLEX PN text plan What Should You Do boxes in each chapter help you develop critical thinking skills with answers at the end of the chapter UNIQUE A 75 question pre test on Evolve provides feedback on your strengths and weaknesses and the results generate an individualized study calendar NEW Next Generation NCLEX NGN style questions ensure that you are ready for the biggest change to the NCLEX PN test plan in many years New The current NCLEX PN test plan is incorporated throughout the book and the Evolve companion website

**Ebersole & Hess' Toward Healthy Aging - Binder Ready** Theris A. Touhy, Theris A. Touhy, DNP, CNS, DPNAP, 2019-11-29 Binder Ready Edition This loose leaf copy of the full text is a convenient accessible and customizable alternative to the bound book With this binder ready edition you can personalize the text to match your unique study needs Ensure you thoroughly understand the intricate details of providing effective care for adults as they age Ebersole Hess Toward Healthy Aging 10th Edition is the only comprehensive gerontological nursing text that effectively communicates how to provide holistic care promote healthy lives and address end of life issues and concerns Grounded in the core competencies



recommended by the AACN in collaboration with the Hartford Institute for Geriatric Nursing the tenth edition has been extensively revised and updated with shorter more streamlined chapters and pedagogical features to facilitate learning It covers the areas of safety and ethical considerations genetics communication with the patient and caregiver promoting health in persons with conditions commonly occurring in later life world wide addressing loss and palliative care and much more Special sections provide an honest look at the universal experience of aging and the nurse s role in the reduction of health disparities and inequities as a member of the global community Plus it contains a variety of new learning features that focus on applying research and thinking critically in when providing care to aging adults across the care continuum

UPDATED COPD guidelines ensure you understand the latest information used by clinicians UPDATED Theories of Aging chapter discusses the latest covers current findings on this timely issue UPDATED Information on medication use and misuse instructs you in what to look for when working with prescription medications UPDATED chapters incorporate the latest information on timely topics such as Palliative Care and Sleep UPDATED Wound care guidelines reflect nationally recognized standards UPDATED Information on LGBT family relationships and sexuality in older adults A Student Speaks and An Elder Speaks sections at the beginning of every chapter provide honest and candid thoughts from students and elders Learning objectives found at the beginning of every chapter help you to identify the primary take away messages they should learn from the chapter Promoting Healthy Aging Implications for Gerontological Nursing sections provide best practice guidelines for management and promotion of wellness for older adults with chronic illness and those at the end of life Key concepts are bulleted at the end of every chapter to provide a quick review of the most important concepts found in the chapter Nursing Studies provide practice examples designed to assist you in assessment planning interventions and outcomes to promote healthy aging Critical Thinking Questions and Activities assist you in developing critical thinking skills related to chapter and nursing study content and include suggestions for in classroom activities to enhance learning Content consistent with the core competencies for geriatric nursing incorporates the Recommended Baccalaureate Competencies and Curricular Guidelines for the Nursing Care of Older Adults the Geriatric Nursing Education State of the Science Papers and the Hartford Institute for Geriatric Nursing Best Practices in Nursing Care to Older Adults The latest information on biological theories of aging and evolving genomic research covers current findings on these timely issues Research Highlights Boxes highlight important research studies in the field of gerontology Research Questions found at the end of chapters gives you a chance to do further research outside of your book study to give you a better grasp of the field as a whole Safety Alert Boxes emphasize important safety tips to consider while working in a clinical setting Resources for Best Practice boxes contain suggestions for further information on various chapter topics and tools for practice Tips for Best Practice boxes feature summarized lists of evidence based nursing interventions for practice Healthy People boxes reference the goals cited in Healthy People 2020 NEW Additional coverage of frailty in older adults helps you to understand the precautions you need to

take when working with this population NEW Increased information on Health Literacy assists you in learning the right terms to promote healthy aging NEW Added information on herbs supplements includes essential oils and green tea

**Ebersole and Hess' Gerontological Nursing & Healthy Aging - Elsevier eBook on VitalSource (Retail Access Card)** Kathleen F Jett, Theris A. Touhy, 2021-05-28 Focus on health and wellness provides the evidence based information and strategies needed to promote healthy aging Key concepts learning activities and discussion questions in every chapter emphasize the information needed to enhance care Recommended competencies from the AACN and the Hartford Institute for Geriatric Nursing are integrated throughout Discussion of disease processes is placed in the context of healthy adaptation nursing support and responsibilities Easy to use information on nursing techniques and communication appears with the associated disorders symptoms and situations Tips for Best Practice and Resources for Best Practice boxes provide insight into proven methods of nursing care Discussions of nursing and interprofessional actions help students learn to enhance wellness maintain optimal function and prevent unnecessary disability Coverage of age cultural racial and gender differences highlights these important considerations in caring for older adults NEW Updates reflect the NCSBN Clinical Judgment Model NEW Next Generation NCLEX NGN style case studies provide optimal preparation for the Next Generation NCLEX Examination NEW Specialized information addresses the unique needs of older adults such as atypical disease presentation geriatric syndromes neurocognitive disorders quality of life with chronic illness legal and ethical issues and mental health challenges such as depression and substance abuse NEW Coverage of competencies of expanding nursing roles in the care of older adults addresses the continuum of care NEW Gerontological expertise is incorporated into nursing actions and complements other nursing texts including med surg community health mental health and assessment books used in programs without a freestanding gerontological nursing course NEW Expanded content includes information on COPD guidelines medication use and misuse Alzheimer s Disease wound care guidelines diagnosis and treatment of sleep disordered breathing joint replacement caregiver strain hospice and transitional care and more

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