

# 5 Steps in Setting Goals Effectively

1

Begin with an end in mind!  
Set SMART Goals.

2

Create an effective goal.  
An effective goal serves your  
life vision.

3

Create a roadmap to success.  
Breakdown to smaller goals.

4

Create an action plan for the  
micro-goals.

5

Write a summary of each step  
to create your goal  
statement.

# Effective Goal Setting 5 Hours

**Po L. Yu**



## Effective Goal Setting 5 Hours:

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Your AI Career Coach Callisto Momesso, 2025-05-28

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